

As a leading provider of subacute care, we're proud of our cutting edge rehabilitative programs and remain dedicated to creating the kind of welcoming environment that inspires overall health and well being.

REHABILITATION EXPERTISE

Our expert therapy staff is trained in the latest advances in rehabilitative medicine in order to support the full breadth of care needs. Our teams' top priority is to get you or your loved one home quickly. We offer in-house:

- Physical Therapy
- Occupational Therapy
- Speech-Language Pathology

Therapy suites are outfitted with state-of-the-art equipment surrounded by beautifully appointed living and dining spaces designed to encourage the rejuvenation of mind, body and spirit.



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Rehabilitation Services

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re ha•bil i•ta tion *n. the act of restoring something or someone to a satisfactory state; the removal or reduction of disabilities.*

OUR REHAB CAPABILITIES

We base our therapies on the individual's needs and potential, not strictly on their symptoms or diagnosis. Our dedicated, skilled therapists help those we serve restore confidence, dignity, and a sense of self worth by using state-of-the art modalities and advanced therapy techniques, such as:

- Hot Pack
- Cold Pack
- E-Stim
- Diathermy
- Omni-Step

PHYSICAL THERAPY

Physical therapy helps restore and maintain maximum movement and functional ability. Therapy can help improve mobility, balance, range of motion and physical strength. Skilled physical therapy treatments may also include:

- Gait training
- Transfer training
- Strengthening exercise
- Range of motion
- Fall prevention



Lexington Health Network has an innovative approach to the design and delivery of health care and therapy services.

OCCUPATIONAL THERAPY

Occupational therapy is focused on improving and maintaining quality of life, and can help people adapt to life changes and improve their functional abilities. Occupational therapists can provide training and guidance on:

- Fine and gross motor control development
- Dressing techniques, grooming, bathing and home management
- Rehab dining programs
- Orthotic/prosthetic training
- Stroke rehab

SPEECH THERAPY

Speech therapists strive to restore and maintain all aspects of communication, including, listening, reading, writing, and language interpretation. They can also assist with chewing and swallowing abilities by using equipment and treatment modalities including:

- Aural rehabilitation
- Dysphagia management
- Cognitive rehabilitation
- Dysarthria
- Apraxia