



Experience the Difference:

- High quality care provided in the comfort of your home.
- Customized treatment plans tailored to your needs
- More convenient and affordable than inpatient care
- Low hospital readmission rates
- Immediate response to care needs via specialized, on-call teams
- Initial nursing visit made within 48 hours of referral or discharge from hospital
- Services available 24 hours a day, 7 days a week

We are always here for you and your family and available 24 hours a day, 7 days a week at 855-LEX-MERIT.

How to Make a Referral or Start Services:

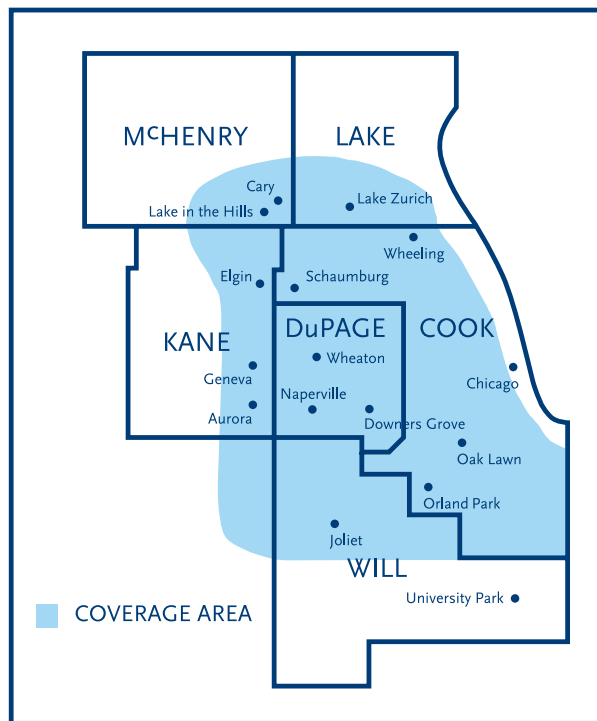
Simply call, fax or email us at:

Phone: 855-539-6378

Fax: 630-748-3740

Email: intake@lexingtonhealth.com

www.lexingtonhealth.com



LEXINGTON | Home Health Care
HEALTH NETWORK



Accredited by The Joint Commission (TJC)

Offered Through Our Affiliates:

- Post-Acute Care & Rehabilitation
- Inpatient Specialty Care Programs
- Long-Term Care
- Memory Care
- Assisted & Independent Living
- Home Health Care
- Hospice & Palliative Care
- Private Care Services
- Sleep Testing & Treatment

Home Health Care

For Patients & Families



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855 - 539 - 6374

www.lexingtonhealth.com

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We will assist you every step of the way on your journey to a successful recovery



What is Home Health Care?

Home Health Care consists of in-home nursing and therapy services when recovering from a major health event, hospitalization or surgery. Our goal is to rehabilitate, support your recovery and manage your chronic illness while providing you with comfort and privacy in your home.

When is Home Health Appropriate?

Home Health Care must be ordered by a physician when a patient is homebound and has a medical necessity for skilled care.

Homebound is when:

- It is recommended you stay home due to your health condition
- It takes a considerable amount of effort for you to leave your home
- You can't leave your home without assistance from another person, special transportation or equipment

Examples of Skilled Care:

- Intermittent skilled nursing care
- Physical therapy
- Speech-language pathology services
- Occupational therapy

Services We Offer:

- Skilled nursing, physical therapy, occupational therapy and speech therapy with 24 hour availability
- Anti-coagulant monitoring
- Cardiac disease rehabilitation and management
- Coordination of orders for home medical equipment, medical supplies and pharmacy
- Diabetes and insulin management
- Geriatric care including dementia and Alzheimer's disease
- Home infusions
- Medication management
- Post-operative care and education
- Post CVA care
- Post-operative joint replacement rehabilitation
- Respiratory education including tracheostomy care and PleurX drainage
- Urinary catheter maintenance
- Wound, ostomy and pressure ulcer care

Specialized Programs:

Our specialized clinical programs are tailored for specific illnesses such as:

- Chronic Obstructive Pulmonary Disease (COPD)
- Congestive Heart Failure (CHF)
- Diabetes
- Orthopedics

Your Home Health Care Team:

Home Health Care is provided by a team of clinicians from a variety of disciplines:

- **Clinical Supervisors:** Responsible for the oversight of all care you receive and ensure the best practice standards are followed
- **Registered Nurses:** Coordinate your plan of care and ensure individual needs are met
- **Therapists:** Physical therapists, occupational therapists and speech-language pathologists address safety needs. They provide rehabilitative services after surgery or acute illness, or during an exacerbation of a chronic condition
- **Medical Social Workers:** Assist you and your family in coping with stress, emotions and challenges related to your illness as needed
- **Home Health Aides:** Assist with bathing, personal hygiene and general activities of daily living
- **Dieticians:** Focuses on healthy eating and proper nutrition. Prepares meal plans, offers nutritional guidance, and oversees meal service or diet programs

HOME HEALTH CARE

855 - 539 - 6374