

LEXINGTON

HEALTH NETWORK®

November 18, 2020

Dear Valued Patients, Residents, and Family Members,

We understand how difficult it has been to be separated from your loved ones while visitation restrictions remain in place. The health and safety of our patients, residents, families and staff remains our highest priority. We are committed to sharing timely updates with you and keeping you informed.

With a new wave of COVID-19 surging across the state of Illinois, Governor JB Pritzker and the Illinois Department of Public Health (IDPH) announced additional COVID-19 resurgence mitigations in every region across the state in an attempt to slow the spread of the virus. With COVID-19 spread now exponential throughout the state, all 11 regions will move into Tier 3 mitigations on Friday, November 20, 2020.

The Tier 3 resurgence mitigations require our Lexington Health Network Health Care Facilities to comply with the following safety measures at this time:

- **Testing:** Staff at all facilities and communities are being tested for COVID-19 twice weekly. Routine testing may lead to higher case counts, but also allows us to identify asymptomatic employees and control spread of the virus.
- **Visitation:** We unfortunately need to suspend outdoor visitation at this time. We are able to offer visitation only for compassionate care or end of life situations. Please remember that we are always happy to offer remote visitation through FaceTime, Zoom or other virtual platform. This is the safest way to spend time with your loved one.
- **Holidays:** In order to support the IDPH recommendation that holiday gatherings only be celebrated with members of the same household, patients and residents will not be able to attend holiday gatherings outside any of our facilities or communities. We understand how difficult this may be. These restrictions are necessary for the safety and protection of everyone we serve.

- **Non-Essential Outings or Appointments:** In order to support IDPH guidance that everyone stay home except for essential activities, patients and residents will not be able to leave for any non-essential outings or appointments outside any of our facilities or communities. Essential medical appointments may continue. These restrictions are necessary for the safety and protection of everyone we serve.
- **Communal Dining and Activities:** For everyone's safety, communal dining and group activities are suspended at this time.

Our health care heroes are doing everything they can to keep our patients and residents safe and engaged. We will continue offering fully safe activities and celebrations especially as we enter the holiday season. We are committed to listening to and following the public health experts' guidance while assuring we do all we can to continue enriching the lives of everyone we serve.

Thank you for your continued patience, partnership and support as we continue to face these extremely difficult challenges together. We will keep you informed as we learn of any changes to the current situation.

Be compliant with source control. (Masks)
Be compliant with hand hygiene. (Wash your hands)
Be compliant with social distancing. (6-feet)

Stay safe and be well.

Sincerely,

Mary Franks
Senior Vice President, Clinical Operations